AMENDED IN ASSEMBLY MAY 22, 1997 AMENDED IN ASSEMBLY APRIL 17, 1997 AMENDED IN ASSEMBLY APRIL 14, 1997 AMENDED IN ASSEMBLY APRIL 2, 1997

CALIFORNIA LEGISLATURE—1997-98 REGULAR SESSION

ASSEMBLY BILL

No. 1181

Introduced by Assembly Member Escutia

February 28, 1997

An act to add Section 1374.16 to the Health and Safety Code, and to amend Section 14016.5 of the Welfare and Institutions Code, relating to health care.

LEGISLATIVE COUNSEL'S DIGEST

AB 1181, as amended, Escutia. Health care coverage.

Existing law, the Knox-Keene Health Care Service Plan Act of 1975, provides for the licensure and regulation of health care service plans by the Commissioner of Corporations and makes the willful violation of these provisions subject to criminal sanction.

This bill would require every health care service plan to establish and implement procedures by which an enrollee could receive a standing referral to a specialist and by which an enrollee with a condition or disease that requires specialized medical care over a prolonged period of time and is life-threatening, degenerative, or disabling could receive a referral to a specialist who has expertise in treating the

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condition or disease for the purpose of having the specialist coordinate the enrollee's health care. Because the bill would change the definition of an existing crime, it would impose a state-mandated local program.

Existing law provides for the Medi-Cal program, which is administered by the State Department of Health Services, pursuant to which benefits are provided to public assistance recipients and certain other low-income persons.

The bill would provide that the above described procedures shall apply to Medi-Cal beneficiaries enrolled in a health care service plan.

Existing law requires a county to ensure that each Medi-Cal or Aid to Families with Dependent Children (AFDC) program applicant or beneficiary who resides in the area served by a managed health care plan or pilot program in beneficiaries enroll, personally can attends presentation about the managed care and fee-for-service options available regarding methods of receiving Medi-Cal benefits. Existing law requires that the presentation provide the name, address, and telephone number of each primary care provider, by specialty, or clinic participating in each managed health care plan, pilot program, or fee-for-service case management provider option.

This bill would require that this information be presented first under geographic area designations, and then in alphabetical order of the name of each primary care provider and clinic.

Existing law sets forth procedures under which an applicant or beneficiary is generally required as a condition of coverage to choose between 2 health care options, obtain a Medi-Cal card and receive services from individual providers who provide services to Medi-Cal beneficiaries or enroll in a prepaid managed health care plan, pilot project, or fee-for-service case management provider option. These provisions require an applicant or beneficiary to choose a primary care provider under various circumstances.

This bill would, in certain instances where the provisions apply to a primary care provider, extend the application to a clinic.

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The California Constitution requires the state to reimburse local agencies and school districts for certain costs mandated by the state. Statutory provisions establish procedures for making that reimbursement.

This bill would provide that no reimbursement is required by this act for a specified reason.

Vote: majority. Appropriation: no. Fiscal committee: yes. State-mandated local program: yes.

The people of the State of California do enact as follows:

SECTION 1. Section 1374.16 is added to the Health 1 and Safety Code, to read:

1374.16. (a) Every health care service plan shall establish and implement a procedure by which an enrollee may receive a standing referral to a specialist. The procedure shall provide for a standing referral to a specialist if the primary care physician determines in consultation with the specialist, if any, and the plan 9 medical director or his or her designee, that an enrollee 10 needs continuing care from a specialist. The referral shall 11 be made pursuant to a treatment plan approved by the 12 health care service plan in consultation with the primary care physician, the specialist, and the enrollee. The 14 treatment plan may limit the number of visits to the specialist, limit the period of time that the visits are 15 authorized, or require that the specialist provide the 17 primary care physician with regular reports on the health 18 care provided to the enrollee.

(b) Every health care service plan shall establish and 20 implement a procedure by which an enrollee condition or disease that requires specialized medical care a prolonged period of time and over life-threatening, degenerative, or disabling may receive a referral to a specialist who has expertise in treating the 25 condition or disease for the purpose of having the enrollee's health care. 26 specialist coordinate the 27 referral shall be made if the primary care physician, in 28 consultation with the specialist if any, and the plan medical director or his or her designee determines that

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this specialized medical care is medically necessary for the enrollee. The referral shall be made pursuant to a treatment plan approved by the health care service plan consultation with the primary care physician, specialist, and enrollee. After the referral is made, the 5 specialist shall be authorized to provide health care services to the enrollee in the same manner as the enrollee's primary care physician, subject to the terms of 9 the treatment plan.

- (c) The determinations described in subdivisions (a) 11 and (b) shall be made within 72 hours after a three 12 business days of the date the request determination is made by the enrollee or the enrollee's 14 primary care physician and all appropriate medical 15 records and other items of information necessary to make 16 the determination are provided. Once a determination is 17 made, the referral shall be made within 96 hours after the 18 determination four business days of the date the proposed 19 treatment plan is submitted to the plan medical director 20 or his or her designee.
- (d) Subdivisions (a) and (b) do not require a health 22 care plan to permit an enrollee to elect referral to a 23 specialist who is not employed by or under contract with 24 the health care service plan to provide health care 25 services to its enrollees, unless there is no specialist within 26 the plan network that is appropriate to provide treatment to the enrollee.
- (e) The procedures established pursuant 29 section shall apply to every health care service plan 30 contract entered into, amended, or renewed on or after January 1, 1998.
- (f) Notwithstanding any other law, this section shall apply to Medi-Cal beneficiaries enrolled in a health care 34 service plan and the treatment plan developed pursuant 35 to this section shall be consistent with federal and state 36 medicaid requirements. Nothing in this section 37 intended to alter or abrogate any other requirements of 38 federal or state law with regard to medicaid.
- SEC. 2. Section 14016.5 of the Welfare and Institutions 39 40 Code is amended to read:

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14016.5. (a) At 1 the time of determining 2 redetermining the eligibility of a Medi-Cal or aid to families with dependent children (AFDC) applicant or beneficiary who resides in an area served by a managed health care plan or pilot program in which beneficiaries may enroll, each applicant or beneficiary shall personally presentation at which the attend applicant beneficiary is informed of the managed care 8 fee-for-service options available regarding methods of 10 receiving Medi-Cal benefits. The county shall ensure that each beneficiary or applicant attends this presentation.

(b) The health care options presentation described in subdivision (a) shall include all of the following elements:

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- (1) Each beneficiary or eligible applicant shall be 15 informed that he or she may choose to continue an 16 established patient-provider relationship the 17 fee-for-service sector.
- (2) Each beneficiary or eligible applicant shall be 19 provided with the name, address, and telephone number, 20 and specialty, if any, of each primary care provider, by specialty, or clinic and each clinic, participating in each prepaid managed health care plan, pilot project, or 23 fee-for-service case management provider option. This 24 information shall be presented first under geographic 25 area designations and then in alphabetical order of the 26 name of the primary care provider and clinic. The name, address, and telephone number of each specialist participating in each prepaid managed care health plan, fee-for-service project, or case management provider option shall be made available 30 by either contacting the health care options contractor or the 32 prepaid managed care health plan, pilot project, or 33 fee-for-service case management provider.
- (3) Each beneficiary or eligible applicant shall 35 informed that he or she may choose to continue an 36 established patient-provider relationship in a managed care option, if his or her treating provider is a primary 38 care provider or clinic contracting with any of the prepaid managed health care plans, pilot projects, or 40 fee-for-service case management provider

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available, has available capacity, and agrees to continue to treat that beneficiary or applicant.

- (4) In areas specified by the director, each beneficiary or eligible applicant shall be informed that if he or she fails to make a choice, or does not certify that he or she has an established relationship with a primary care provider or clinic, he or she shall be assigned to, and enrolled in, a prepaid managed health care plan, pilot projects, or fee-for-service case management provider.
- (c) No later than 30 days following the date a Medi-Cal or AFDC beneficiary or applicant is determined eligible, the beneficiary or applicant shall indicate his or her choice in writing, as a condition of coverage for Medi-Cal benefits, of either of the following health care options:
- (1) To obtain benefits by receiving a Medi-Cal card, 16 which may be used to obtain services from individual providers, that the beneficiary would locate, who choose to provide services to Medi-Cal beneficiaries.

department may require each beneficiary 20 eligible applicant, as a condition for electing this option, to sign a statement certifying that he or she has an established patient-provider relationship, or in the case of a dependent, the parent or guardian shall make certification. This certification shall not require the acknowledgment or guarantee of acceptance, by any indicated Medi-Cal provider or health facility, of beneficiary making a certification under this section.

- (2) (A) To obtain benefits by enrolling in a prepaid 29 managed health care plan, pilot program, provider 30 fee-for-service management case that has agreed to make Medi-Cal services readily available to enrolled Medi-Cal beneficiaries.
- 33 (B) At the time the beneficiary or eligible applicant 34 selects a prepaid managed health care plan, pilot project, 35 fee-for-service case management provider, 36 department shall, when applicable, encourage the or eligible applicant to also indicate, in 37 beneficiary writing, his or her choice of primary care provider or 38 clinic contracting with the selected prepaid managed

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health care plan, pilot project, or fee-for-service case management provider.

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- (d) (1) In areas specified by the director, a Medi-Cal or AFDC beneficiary or eligible applicant who does not make a choice, or who does not certify that he or she has an established relationship with a primary care provider or clinic shall be assigned to and enrolled in an appropriate Medi-Cal managed care plan, pilot project, or fee-for-service case management provider providing service within the area in which the beneficiary resides.
- (2) If it is not possible to enroll the beneficiary under 12 a Medi-Cal managed care plan or pilot project or a 13 fee-for-service case management provider because of a 14 lack of capacity or availability of participating contractors, the beneficiary shall be provided with a and informed about fee-for-service 16 Medi-Cal card primary care providers who do all of the following:
 - (A) The providers agree to accept Medi-Cal patients.
- (B) The providers provide information 20 provider's willingness to accept Medi-Cal patients as described in Section 14016.6.
- (C) The providers provide services within the area in 23 which the beneficiary resides.
- (e) If a beneficiary or eligible applicant does not 25 choose a primary care provider or clinic or does not select any primary care provider who is available, the managed health care plan, pilot project, or fee-for-service case management provider that was selected by or assigned to the beneficiary shall ensure that the beneficiary selects a primary care provider or clinic within 30 days after enrollment or is assigned to a primary care provider within 40 days after enrollment.
- (f) (1) The managed care plan shall have a valid 34 Medi-Cal contract, adequate capacity, and appropriate staffing to provide health care services to the beneficiary.
- 36 (2) The department shall establish standards for all of 37 the following:
- 38 (A) The maximum distances a beneficiary is required 39 to travel to obtain primary care services from managed care plan, fee-for-service managed

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provider, or pilot project in which the beneficiary is enrolled.

- (B) The conditions under which a primary service site shall be accessible by public transportation.
- (C) The conditions under which a managed care plan, 6 fee-for-service managed care provider, or pilot project shall provide nonmedical transportation to a primary care service site.
- (3) In developing the standards required 10 paragraph (2), the department shall take into account, on a geographic basis, the means of transportation used and 12 distances typically traveled by Medi-Cal beneficiaries to obtain fee-for-service primary care services and the 14 experience of managed care plans in delivering services to Medi-Cal enrollees. The department shall also consider provider's ability to render culturally 16 the linguistically appropriate services.
- (g) To the extent possible, the arrangements 19 carrying out subdivision (d) shall provide equitable distribution of Medi-Cal beneficiaries among participating managed care plans, fee-for-service case 22 management providers, and pilot projects.
- (h) If, under the provisions of subdivision (d), a 24 Medi-Cal beneficiary or applicant does not make a choice 25 or does not certify that he or she has an established 26 relationship with a primary care provider or clinic, the person may, at the option of the department, be provided 28 with a Medi-Cal card or be assigned to and enrolled in a managed care plan providing service within the area in 30 which the beneficiary resides.
- (i) Any Medi-Cal or AFDC beneficiary who dissatisfied with the provider or managed care plan, pilot project, or fee-for-service case management provider shall be allowed to select or be assigned to another provider or managed care plan, pilot project, or 36 fee-for-service case management provider.
- (i) The department or its contractor shall notify a 38 managed care plan, pilot project, or fee-for-service case management provider when it has been selected by or assigned to a beneficiary. The managed care plan, pilot

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fee-for-service case management provider project, or that has been selected by, or assigned to, a beneficiary, shall notify the primary care provider or clinic than that it has been selected or assigned. The managed care plan, 5 fee-for-service case pilot project, or management provider shall also notify the beneficiary of the managed 6 plan. pilot project, or fee-for-service management provider or clinic selected or assigned.

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- (k) (1) The department shall ensure that Medi-Cal 10 beneficiaries eligible under Title XVI of the Social Security Act are provided with information about options regarding available methods of receiving Medi-Cal 13 benefits as described in subdivision (c).
- (2) (A) The director may waive the requirements of 15 subdivisions (c) and (d) until a means is established to directly provide presentation the described subdivision (a) to beneficiaries who are eligible for the 18 federal Supplemental Security Income for the Aged, Program Blind, Disabled and (Subchapter 20 (commencing with Section 1381) of Chapter 7 of Title 42 of the United States Code).
- (B) The director may elect not to apply 23 requirements of subdivisions (c) and (d) to beneficiaries 24 whose eligibility under the Supplemental 25 Income program is established before January 1, 1994.
- (1) In areas where there is no prepaid managed health care plan or pilot program which has contracted with the department to provide services to Medi-Cal beneficiaries, and where no other enrollment requirements have been 30 established by the department, no explicit choice need be made, and the beneficiary or eligible applicant shall receive a Medi-Cal card.
- (m) The following definitions contained this 34 subdivision shall control the construction of this section, unless the context requires otherwise:
- (1) "Applicant," "beneficiary," 36 and "eligible applicant," in the case of a family group, means any 37 person with legal authority to make a choice on behalf of dependent family members.

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- (2) "Fee-for-service case management provider" means a provider enrolled and certified to participate in the Medi-Cal fee-for-service case management program the department may elect to develop in selected areas of the state with the assistance of and in cooperation with other California physician providers and provider groups.
- (3) "Managed health care plan" and "managed care mean a person or entity operating under a 10 Medi-Cal contract with the department under chapter or Chapter 8 (commencing with Section 14200) 12 to provide, or arrange for, health care services for 13 Medi-Cal beneficiaries as an alternative to the Medi-Cal 14 fee-for-service program that has a contractual 15 responsibility manage health to care provided 16 Medi-Cal beneficiaries covered by the contract.
- (n) This section shall be implemented in a manner 18 consistent with any federal waiver required to be obtained by the department in order to implement this 20 section.
- SEC. 3. No reimbursement is required by this act 22 pursuant to Section 6 of Article XIII B of the California 23 Constitution because the only costs that may be incurred 24 by a local agency or school district will be incurred 25 because this act creates a new crime or infraction, 26 eliminates a crime or infraction, or changes the penalty 27 for a crime or infraction, within the meaning of Section 28 17556 of the Government Code, or changes the definition 29 of a crime within the meaning of Section 6 of Article 30 XIII B of the California Constitution.
- 31 Notwithstanding Section 17580 of the Government 32 Code, unless otherwise specified, the provisions of this act shall become operative on the same date that the act 34 takes effect pursuant to the California Constitution.